

As a motivational speaker who does her share of traveling, I've found few secrets for success:

1. Avoid the plastic 1 quart bag altogether - I have assembled an entire bag of cosmetics that breezes through security *without* having to separate my toiletries. Look for natural-type crystal deodorant, cake eyeliner and mascara, and even hand lotion bars. No creams or gels to worry about!
2. Carry a small handbag that fits into your carry-all - I make sure never to check my luggage by carrying one roller bag and sliding my small purse into my tote bag that also houses my laptop and essential reading. No extra fees and no waiting for luggage!
3. Embrace the Dress - I personally thank Diane Von Furstenberg for bringing back the wrap dress. Her dresses and every single knock-off means carefree traveling, no ironing, and a professional, yet appealing look every time.
4. Prepare for the Worst - I always believe in the Gilligan's Island mentality - a 3-hour plane ride could turn into a night stranded at the airport. Prepare for the inevitable with gobs of food, an extra good book, reading material that you can dispose of upon finishing, and your I-Pod.